



citizen★corps

NSPP
NEIGHBORHOOD SAFETY AND PREPAREDNESS PROGRAM



GET INVOLVED!

**COSTA MESA
NEIGHBORHOOD SAFETY AND PREPAREDNESS
RADIO TRAINING NET**

- ⇒ **Every Monday Night**
- ⇒ **7:50 PM 2-Meter Ham Radio on 147.060 MHz (MESAC Repeater, PL 100.0, +)**
- ⇒ **8:00 PM FRS Radio Channel 4 in English**

Learn to communicate with your neighbors and be ready to respond in case of an emergency in Costa Mesa.



Hear news of interest from around the city.

**Call for more information
(714) 546-4252**

www.cmprepared.com

NEIGHBORHOOD SAFETY & PREPAREDNESS PROGRAM USING FRS RADIOS

BASIC OPERATION:

- ✓ Turn on the radio – be sure it is on **Channel 4 (Costa Mesa's Emergency Channel)**
- ✓ Listen before you begin your transmission
- ✓ For best results, hold radio about a thumb's distance (2") from mouth with antenna pointing straight up and away from your eyes. Face the direction of the person you are calling.
- ✓ Press the 'PTT' button to talk, start transmission with "This is" Then release to listen.



DO'S of OPERATION:

- ✓ Keep your radio with you at all times
- ✓ Think about what you will say before you begin transmitting
- ✓ Remain calm, speak clearly and be brief
- ✓ Use words or numbers only, no codes (10-4, etc.)
- ✓ Emergency information takes priority over all other communications, then safety information
- ✓ Confirm receipt of all messages directed to you regardless of how short
- ✓ Be sure the person you want to reach responds and hears you before you transmit a message
- ✓ Use "over" when expecting a reply
- ✓ Use "out" when finished transmitting
- ✓ Stop talking if a stranger starts asking personal questions or wants to know your location
- ✓ If your radio has "sub channels", turn them off or set on "OF" when you work in the neighborhood so you can hear all calls
- ✓ Turn down your radio before entering a meeting area
- ✓ Keep a spare set of fresh batteries handy; change out every 3 months
- ✓ If batteries are kept **in** the radio, turn one of the batteries backwards while storing, **BUT REMEMBER** to turn battery back around before using the radio



DON'TS of OPERATION:

- ✓ Don't transmit when someone else is already talking
 - ✓ Don't talk too much; speak only when necessary
 - ✓ Don't use inappropriate language or personal information, anyone could be listening
 - ✓ Don't use your whole name or address unless it is an emergency
 - ✓ Don't shout or turn volume to the max– it distorts the transmission
- ✓ Don't use "over & out" together (see above)
- ✓ Don't abuse the antenna; if broken, transmission range is about 10 feet
- ✓ Turn off only after event (not conversation) is over
- ✓ If you smell natural gas, **DO NOT** transmit or attempt to turn off the radio. This could cause the gas to ignite. Leave safely ASAP and notify an adult in charge ASAP



IMPORTANT! If it is a drill, include at both the beginning and end of the call 'THIS IS A DRILL'. As anyone might be listening, **this phrase must be used in order not to alarm others**

Basic communication pattern should be:

1. Identify the position and location you are calling and identify your position and your location
Example: "Base camp, this is the front gate, over"
2. **Wait for an acknowledgement**
3. Communicate your message (talk)
4. Conclude conversation

